

Do you have personal experience of psoriasis or psoriatic arthritis?

Could you use this experience to be a patient research advisor to a researcher embarking on a 2 year project?

My name is Lilian Nwosu, I am a junior bio-medical researcher at Newcastle University. I am applying for a fellowship grant, which would fund me to carry out this research project over 2 years. I will use a state-of-the-art technique called single cell sequencing to study individual cells in tissue samples from patients with Psoriasis and Psoriatic Arthritis. My results will give us a better understanding of these diseases and may enable doctors to diagnose and treat patients more effectively in the future.

I am keen that my research includes the views of people with experience of psoriasis or psoriatic arthritis (perhaps as a patient or carer) at every stage from planning and carrying out the work, through to publicising my final results and conclusions.

What does a patient (or carer) research advisor do?

As a minimum, you would come to a meeting twice a year with me, other members of the research team and other patient advisor(s). At these meetings I will explain how the research is going and we will make decisions about how to overcome any problems. I will give you some documents and queries to read and think about beforehand and then give your views at the meetings. The meetings will be held in Newcastle and I would prefer you to attend in person. Alternatively, you could give your views by e-mail, phone or skype if, for example, you do not live in the North East of England.

As the project develops, there will be opportunities for you to get involved in other ways. You may take the opportunity to attend an education session or complete an online course. You could help to write an information leaflet about the project for patients. You may like to take part in public presentations about the project.

You can claim back any expenses you have as part of this role, such as food or travel costs. We also offer you a small gift voucher as a thank you for your time.

How can I find out more?

Contact me by email lilian.nwosu@newcastle.ac.uk or telephone 0191 20 88044 and I will be happy to answer any questions and give you more information.

This website has lots of information about patient involvement in research.

<https://www.invo.org.uk/find-out-more/what-is-public-involvement-in-research-2/>